



University Of Mysore  
"BE Happy. Be Brave. Be Drug Free."



## **"Red Ribbon Club"**

**Sri Adichunchanagiri College of Arts and Commerce**  
Nagamangala-571432, Mandya Dist.

### **Red Ribbon event list 2018-19**

<b>Sl. No</b>	<b>Event Name</b>	<b>Date</b>
<b>1</b>	Free Health Check-up	03-08-2018
<b>2</b>	The Effect of Tobacco Consumption	24-01-2019



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### REPORT OF THE FREE HEALTH CHECKUP CAMP

Date : 03/08/2018

Our College hosted a free health checkup camp, with **Red Ribbon Club**. The programme was presided over by Principal B.K. Lokesha was in charge. A variety of doctors and assistants from the AIMS, arrived at the Institute. Prof. Byregowda welcomed all the official deputed for the programme.

A total of 354 people received, free health screening services from the camp. The programme was co-sponsored by all the staff of the college and the camp was successfully completed in collaboration with NSS UNIT & Bharath Scouts Rovers and Rangers wing.



  
Convener, Red Ribbon Club  
Sri Adichunchanagiri College of Arts & Commerce  
Nagamangala-571 432, Mandya Dist.

  
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### The Effect of Tobacco Consumption

Date : 24-01-2019

The event was organized by the Principal of our college Dr. B.K. Loksha, on this occasion, District Health Adviser Dr. Timmaraju spoke about the history Of tobacco products and the different types of tobacco products ,how Adolescents and young women are consuming them?, and how Cancer and cardiovascular diseases are in rise due the use of tobacco?. He briefed the Students about the benefits of quitting tobacco and making Mandya a tobacco free district.

Tobacco is extracted from around 65 known species of the tobacco plant of which the one that is grown commercially and widely as a source of tobacco is *Nicotianatobaccum*. Most of the tobacco from Northern India and Afghanistan comes from the species *Nicotianarustica*. The growing use of tobacco is a cause of great concern around the world, due to its serious effects on health.

The nexus between tobacco consumption and poverty was well-documented; however, the tobacco control measures are uniformly applied , without due consideration for the high-risk target group.

Students organized a speech competition, many volunteers expressed their views.

1. Diyya M.S, 2. Sushma .D, 3. Bhumi.G.K

These students spoke and concluded the program with first, second, and third prizes respectively.

  
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**The Effect of Tobacco Consumption, Date : 24-01-2019**

  
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