



University Of Mysore

"HEALTHY YOUTH FOR HEALTHY INDIA"



## "National Service Scheme"

**Sri Adichunchanagiri College of Arts and Commerce**  
Nagamangala-571432, Mandya Dist.

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### Blood Donation camp

#### CIRCULAR

Date 07-09-2019

We wish to inform that a Blood Donation camp will be conducted on 17/09/2019 at BGS Auditorium. For Donors, NSS Volunteers and staff members are requested to participate in the Camp.

  
**PRINCIPAL**  
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Sri Adichunchanagiri College  
of Arts and Commerce  
Nagamangaia-571 432, Mandya Dist



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Date: 17-09-2019

### **Report of the blood donation camp:**

Blood donation camp was organized by our college's National Service Scheme on 17-09-2019. In the programme Manoj K. S, the second B.A student commenced with his invocation . Prof. K .G .Ravivarma was warmly welcomed.

Dr. VishnumurthiBhatt, Nagamangala, Dr. ShashikantaBhatt MD, Y S Shivakumar P.R.O, Y P Dharmendra P.R.O, Dr. Ramakrishna BGS Hospital and BG Nagar inaugurated the programme ,with the lighting of the lamp. The main guest of the show began their speech and most people die from accidents ,and severe bleeding, so the Brahma the creator, Man is the recreator, speaking on the occasion, Dr.B.K. Lokesha said that, "young people need to be , aware of blood donation" . More than 130 volunteers participated in the event, more than 90 volunteers donated blood and became aware of the importance of donating blood. The final vote of thanks was delivered by R.Mohan Kumar Naik r, Assistant Prof. of Economics. The compeering of programme was conducted by D.S. Chethan, Assistant Prof. of Geography. 10 Rovers and 6 Rangers donated blood and participated actively in this programme.

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**Blood donation camp 17-09-2019**



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**Training Programme on Tally & GST- 06-02-2019**

*Dr. Mini*

**CAREER AND GUIDANCE CELL**  
College of Arts, Commerce And Science  
NAGAMANGALA, Mandya Dist.

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## "National Service Scheme"

**Sri Adichunchanagiri College of Arts and Commerce**  
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### Blood Donation camp

#### CIRCULAR

Date 15-11-2021

We wish to inform that a Blood Donation camp will be conducted on 25/11/2021 at BGS Auditorium. For Donors, NSS Volunteers and staff members are requested to participate in the Camp.

  
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## "NATIONAL SERVICE SCHEME"

**Sri Adichunchanagiri College of Arts and Commerce**

Nagamangala, Mandya-571432


Date: 25-11-2021

### **REPORT OF THE BLOOD DONATION CAMP:**

Blood donation camp was organized by our college's National Service Scheme and Adichunchanagiri Hospital & Research Center, BG Nagara, Rotary Club Bengaluru South(SAC-RCC) & Rotary club BG Nagara on 25-11-2021. In the programme. RSL. T.M .Mohan Kumar Naik was warmly welcomed.

Sri SathKeerthi Swamiji Dr. Shashikanta Bhatt MD, Y S, Dharmendra P.R.O, Dr. Ramakrishna BGS Hospital and BG Nagar inaugurated the programme , with the lighting of the lamp. The main guest Sri Sath Keerthi Swamiji of the show began their speech and most people die from accidents ,and severe bleeding, so the Brahma the creator, Man is the recreate, speaking on the occasion, Dr.B.K. Loksha said that, "young people need to be , aware of blood donation" . More than 200 volunteers participated and more than 150 NSS Volunteers, Red Cross volunteers, and Bhart Scout Rover Ranger volunteers donated bloodin the event, and became aware of the importance of donating blood. The final vote of thanks was delivered by RGL A B Pavithra. The programme was successfully completed in collaboration with Bharath Scouts Rovers and Rangers wing. And Bharath Yova Red Crosse unit.

  
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day. He explained about health and benefits of meditation, he discussed some benefits of practicing yoga like:

1. yoga increases your flexibility and reduces stress and
2. yoga helps you to make healthier life choices

**Address by Resource person:- Miss Sowmya**

Miss Sowmya gave detailed explanation about the benefits of yoga and she showed different type of asanas and she explained benefits of the various asanas and she provided some beneficial messages to our students about mind relaxation tips. And she actively participated in the overall session and it was very helpful for us. And she showed various types of asanas like :pranayama, sun salutation, and breathing exercise. And she explained about how to keep lungs healthy.

**Participant's remarks**

In this international yoga day celebration, the chief guest **Dr. N.S. Ramegowda** ,CEO Sri Adhi Chunchanagiri Shikshana Trust gave his opinion about yoga and then he shared his views about the importance of yoga , and he explained how it benefits to the society.

**Prof. Byregowda** , retired Professor of SAC College delivered a key note address and provided information of yoga and meditation benefits. And after the session he gave his opinion of the session, he expressed his happiness about the programme,

The session was ended by vote of thanks by **Mohan Kumar Naik** Assistant Professor of Economics department.

**Resource Person : Miss Sowmya, Mob: 9731451795**

**YouTube Video Link : <https://youtu.be/9kceRjMKScw>**



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**BLOOD DONATION CAMP, ON 25-11-2021**



  
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