



University Of Mysore

"HEALTHY YOUTH FOR HEALTHY INDIA"



## "National Service Scheme"

**Sri Adichunchanagiri College of Arts and Commerce**

Nagamangala-571432, Mandya Dist.

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World Yoga day

**CIRCULAR**

Date 15-06-2018

We wish to inform that a World Yoga day will be conducted on 21/06/2018 at B G S Auditorium. NSS Volunteers and staff members are requested to participate in the programme

  
PRINCIPAL

PRINCIPAL

Sri Adichunchanagiri College  
of Arts and Commerce  
Nagamangala-571 432, Mandya Dist



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## "National Service Scheme"

**Sri Adichunchanagiri College of Arts and Commerce**  
Nagamangala-571432, Mandya Dist.

### Report on World Yoga day

Date on 21/06/2018 as a part of the world yoga day, this event was organized by the "National Service Scheme" Unit-1 & 2 of our college, for volunteers of the college. Professor Byregowda, the programme officer of Unit-2, of the programme welcomed everyone to the programme. The principal who presided over the programme was Dr, B. K. Lokesh. He volunteered to inform about the merits of the yoga day, and professor, Rajendra, HOD of Commerce department, was present at the event.

Physical Education Director B. P. Narayan gave the yogasana demonstration to 55 volunteers and took advantage of it.

Mohan Kumar Naik T .M. Programme officer unit-1, finally congratulated the dignitaries.

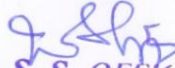
  
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Sri Adichunchanagiri College of Arts & Commerce


  
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World Yoga day, on 21/06/2018



  
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**Sri Adichunchanagiri College of Arts and Commerce**  
Nagamangala-571432, Mandya Dist.

**World Yoga day**

21/06/2018

SL/n	Participation list	Signature
1	Swathi K.C	Swathi K.C
2	Ravanya C.S	Ravanya C.S
3	Sangeetha N.S	Sangeetha N.S
4	Bhavana T.E	Bhavana
5	Lakshmi R	Lakshmi R
6	Leelavathi	Leelavathi
7	Vinod Kumar K.S	Vinod Kumar K.S
8	Ganesh H.K	Ganesh H.K
9	Rahul K.N	Rahul K.N
10	Jagadeesha	Jagadeesha
11	Puttaraja K.S	Puttaraja K.S
12	Abhinav K.B	Abhinav K.B
13	Anand Kumar G.L	Anand Kumar G.L
14	Sachin H.P	Sachin H.P
15	Rudreshwar A.R	Rudreshwar
16	Janshen K.S	Janshen K.S
17	Bindu B.S	Bindu B.S
18	Bhathi	Bhathi
19	Swathi K.S	Swathi K.S
20	Deepika K.N	Deepika K.N



  
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## "National Service Scheme"

**Sri Adichunchanagiri College of Arts and Commerce**  
Nagamangala-571432, Mandya Dist.

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World Yoga day

**CIRCULAR**

Date 19-06-2020

We wish to inform that a World Yoga day  
will be conducted on 21/06/2020 at B G S Auditorium.  
NSS Volunteers and staff members are requested to  
participate in the programme

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## "National Service Scheme"

**Sri Adichunchanagiri College of Arts and Commerce**  
Nagamangala-571432, Mandya Dist.


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### Report on World Yoga day

Date on **21/06/2020** as a part of the world yoga day, this event was organized by the "National Service Scheme" Unit-1 & 2 of our college for faculty's of the college. Professor Ramakrishnegowda, the programme officer of Unit-2 of the programme welcomed, everyone to the programme. The principal, who presided over the programme was Dr, B. K. Lokesha, volunteered to inform about the merits of the yoga day, and professor, Rajendra, HOD of Commerce department, was present at the event.

Physical Education Director B .P. Narayan gave the yogasana demonstration to our faculties and took advantage of it.

Mohan Kumar Naik T. M, Programme officer of Unit-1, finally congratulated the dignitaries.

  
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**World Yoga day, on 21/06/2020**



  
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of Arts and Commerce  
Nagamangala-571 432, Mandya

## **International yoga day celebration report**

### **Topic: Conducting Demonstration and Yoga Sana Event**

On 21<sup>st</sup> June 2021 “International yoga day” was celebrated in our college at 11.30 a.m.. All our college students participated in the international yoga day there were 300 participants , joined through online mode.

**Prof. Byregowda**, Retired Professor SAC College, delivered the keynote address on the theme of yoga, and **Dr. N.S. Ramegowda**, CEO of our SAST and former vice chancellor, KSOU, shared his view on the subject and end of the function he shared his opinion about yoga day celebration.

**Miss Sowmya** awarded : “yoga deepika” yoga kannadathi, and she’s a yoga trainer, she gave the information about yoga day and importance and benefits of yoga in our day-today life and also she had given us her valuable guidance to the students and she had shown us various Asana with proper guidance and also performed standing and sitting Asanas, even our principal actively participated in the yoga day celebration.

**Smt. C.K. Pooja** Assistant Professor department of commerce and management managed the sessions by her anchoring, **Dr. B.K. Lokesha** principal welcomed the guest and participants of the yoga day, and it was concluded by vote of thanks by **Mohan Kumar Naik** Assistant Professor of Economics.

### **Keynote address: - Prof. Byregowda**

The keynote address was delivered by **Prof. Byregowda**. He gave an official opening for this celebration of international yoga





International yoga day celebration, Date : 21-06-2021

  
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## 7<sup>th</sup> International Yoga day



|| ಜೈ ಶ್ರೀ ಗುರುದೇವ್ ||

**ಶ್ರೀ ಆದಿಚುಂಚನಗಿರಿ ಕಲಾ, ವಾಣಿಜ್ಯ  
& ವಿಜ್ಞಾನ ಕಾಲೇಜು**

ನಾಗಮಂಗಲ - 571432, ಮಂಡ್ಯ ಜಿಲ್ಲೆ

ಅಂತರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನಾಚರಣೆ ಪ್ರಯುಕ್ತ

**ಉಪನ್ಯಾಸ ಮತ್ತು ಯೋಗ ಪ್ರದರ್ಶನ**

ದಿನಾಂಕ: 21-06-2021, ಬೆಳಿಗ್ಗೆ 11.30 ರಿಂದ 12.30 ರವರೆಗೆ

ಅಂತರ್ಜಾಲದ ಮೂಲಕ (Online)



ಕು|| ಸೌಮ್ಯ

'ಯೋಗ ದೀಪಿಕ', 'ಯೋಗ ಕನ್ನಡತಿ' ಬಿರುದಾಂಕಿತರು  
ಅಂತರಾಷ್ಟ್ರೀಯ ಯೋಗ ತರಬೇತಿದಾರರು  
ತಲಗವಾಡಿ, ಮಳವಳ್ಳಿ, ತಾಲ್ಲೂಕು, ಮಂಡ್ಯ ಜಿಲ್ಲೆ



Join us:



Microsoft Teams

  
PRINCIPAL  
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**Sri Adichunchanagiri College of Arts and Commerce**  
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**WORLD YOGA DAY**

21/06/2020

SL/n	Participation list	Signature
1	GUNAVATHI. M.	G.M.
2	Shriveni H.R	Shriveni H.R
3	Pavithra. A.B	AB
4	Apartha. M	Am
5.	Indreshree. P	P
6	Pavirasima K.V	P.K.V.
7	Havish N.L	N.L
8	Ushrothokomara B.K	B.K
9	Chandrashekhara C.T	C.T
10.	Shivikanta B.J	B.J
11.	G. RAJANNA	Rajanna
12	Srinivasan. H.S.	H.S.
13.	Baregowda. S	B.S.
14.	Sudha S	S
15	G. Jyothi Lakshmi	JL
16.	Putta Linganna	PL
17.	Suneetha P.	S
18	Alisarga R.S	Alisarga R.S.
19.	Naveena Banu	N.B.
20	Ramakrishna G.	R.K.G.
21	Mohanakumara R	M.R.
22	Yogitha. S	YS
23	Pallavi H.R.	P.H.R.

